30 surahs in 30 days

Listen · say it with help · say it alone — tick a box for each.

1	**An-Nas** (114)	6 ayahs	Mankind	☐ ☐ ☐
2	**Al-Falaq** (113)	5 ayahs	The Dawn	☐ ☐ ☐
3	**Al-Ikhlas** (112)	4 ayahs	Sincerity	☐ ☐ ☐
4	**Al-Masad** (111)	5 ayahs	The Palm Fibre	☐ ☐ ☐
5	**An-Nasr** (110)	3 ayahs	Divine Support	☐ ☐ ☐
6	**Al-Kafirun** (109)	6 ayahs	The Disbelievers	☐ ☐ ☐
7	**Al-Kawthar** (108)	3 ayahs	Abundance	☐ ☐ ☐
8	**Al-Ma'un** (107)	7 ayahs	Almsgiving	☐ ☐ ☐
9	**Quraysh** (106)	4 ayahs	Quraysh	☐ ☐ ☐
10	**Al-Fil** (105)	5 ayahs	The Elephant	☐ ☐ ☐
11	**Al-Humazah** (104)	9 ayahs	The Traducer	☐ ☐ ☐
12	**Al-Asr** (103)	3 ayahs	The Declining Day, Epoch	☐ ☐ ☐
13	**At-Takathur** (102)	8 ayahs	Competition	☐ ☐ ☐
14	**Al-Qari'ah** (101)	11 ayahs	The Calamity	☐ ☐ ☐
15	**Al-Adiyat** (100)	11 ayahs	The Chargers	☐ ☐ ☐
16	**Az-Zalzalah** (99)	8 ayahs	The Earthquake	☐ ☐ ☐
17	**Al-Bayyinah** (98)	8 ayahs	The Evidence	☐ ☐ ☐
18	**Al-Qadr** (97)	5 ayahs	The Power, Fate	☐ ☐ ☐
19	**Al-Alaq** (96)	19 ayahs	The Clot	☐ ☐ ☐
20	**At-Tin** (95)	8 ayahs	The Fig	☐ ☐ ☐
21	**Ash-Sharh** (94)	8 ayahs	The Consolation	☐ ☐ ☐
22	**Ad-Duha** (93)	11 ayahs	The Morning Hours	☐ ☐ ☐
23	**Al-Layl** (92)	21 ayahs	The Night	☐ ☐ ☐
24	**Ash-Shams** (91)	15 ayahs	The Sun	☐ ☐ ☐
25	**Al-Balad** (90)	20 ayahs	The City	☐ ☐ ☐
26	**Al-Fajr** (89)	30 ayahs	The Dawn	☐ ☐ ☐
27	**Al-Ghashiyah** (88)	26 ayahs	The Overwhelming	☐ ☐ ☐
28	**Al-A'la** (87)	19 ayahs	The Most High	☐ ☐ ☐
29	**At-Tariq** (86)	17 ayahs	The Morning Star	☐ ☐ ☐
30	**Al-Buruj** (85)	22 ayahs	The Constellations	☐ ☐ ☐